

"D'INVERNO SUL PO REGATTA"

Turin, Saturday, February 13th 2010

EXTRACT OF THE NOTICE OF THE RACE

RACE COURSE

Po River in Torino. Starting line near Moncalieri and finishing line at the Rowing Club Esperia-Torino. The race will be on the distance of 6000 meters downstream for seniors, juniors, boys, masters (FIRST GROUP); on the distance of 4000 meters starting from the Police boarding dock "Piscina Lido" and arriving at the Rowing Club Esperia-Torino for students and cadets (SECOND GROUP). Departures will be given one crew at the time every 20 seconds.

A map of the race course will be available in every Rowing Club in the city.

A notice to the participants about all the relevant information and logistical arrangements will be issued after the end of the Registration. A map of the race course will be given to each competitor at the time of accreditation.

After the start, all crews must keep the left side (near the city). When being passed one crew must give way without causing any harm.

RACING PROGRAM

Start at 12.00 am from MONCALIERI – 6000 meters

All crews must be at the starting area before 11.40 am. The starting order will be the following:

- Quattro di coppia Senior Maschile
- Quattro di coppia Master Maschile
- Quattro di coppia Senior Femminile
- Doppio Senior Maschile
- Doppio Junior Maschile
- Doppio Masters Maschile
- Doppio Ragazzi Maschile
- Due senza Senior Maschile
- Due senza Junior Maschile
- Due senza Ragazzi Maschile
- Doppio Senior Femminile
- Doppio Junior Femminile
- Doppio Ragazze Femminile
- Quadruplo Master Misto (two male and two female members)
- Doppio Master Misto (one male and one female member)
- Singolo Senior Maschile
- Singolo Junior Maschile
- Singolo Master Maschile
- Singolo Ragazzi Maschile
- Due senza Senior Femminile
- Due senza Junior Femminile

- Singolo Senior Femminile
- Singolo Junior Femminile
- Singolo Ragazze Femminile
- Doppio Master Femminile

Start at 14.30 from the POLICE BOARDING DOCK - LIDO POOL 4000 meters

All crews must be at the starting area no later than 14.10. The starting order will be the following:

- Quattro di coppia Cadetti Maschile
- Doppio Cadetti Maschile
- Doppio Allievi C Maschile
- Doppio Cadetti Femminile
- Doppio Allievi C Femminile
- Singolo Cadetti Maschile
- Singolo Cadetti Femminile
- 7.20 Allievi C Maschile
- 7.20 Allievi C Femminile
- Doppio Allievi B Maschile
- Doppio Allievi B Femminile
- 7.20 Allievi B Maschile
- 7.20 Allievi B Femminile

LIMITATIONS

The race is only for the athletes members of Rowing Clubs regularly affiliated to the F.I.C. or to a Foreign Federation for the year 2010 who belong to the categories included in the invitation.

All athletes cannot be registered for more than one race.

5) CANCELLATION OR CHANGES OF THE RACE SCHEDULE

In case of bad weather or dangerous river conditions the race will be canceled for safety reasons.

IDENTIFICATION DOCUMENTS AND MEDICAL CERTIFICATE

The identification document must be available to the jury for any control.

The athletes under the age of 15 years without a personal identification document can submit a self-certification.

All participants must have the medical certificate of fitness and the Presidents of each Club must guarantee the F.I.C. that all their athletes have it.

REGISTRATION AND FEE

By fax at 0039 011 8193913 or by email at info@esperia-torino.it

Registrations must be made before 24.00 on MONDAY, February 8th 2010.

Tuition fees: € 6.00 for Cadetti and Allievi; € 6.00 for Seniors, Juniors and Ragazzi; € 10.00 per Master rower-race, including the coxswain.

Any NON TRANSFERABLE check should be made payable to: Società Canottieri Esperia - Torino.

Mixed crews are permitted for the Ragazzi, Junior, Senior and Master categories and must be registered by only one Rowing Club.

ACCREDITATION, WITHDRAWALS, CHANGES AND BOARD OF THE RACE

The accreditation of all crews will be held from 14.00 to 16.00 on Friday, February 12th 2010 at the Rowing Club Esperia-Torino, Corso Moncalieri 2 - Torino.

Accreditation is possible by telephone at the numbers +39335443269 / +390118193013 or by fax at +390118193013.

Any team and athlete's withdrawal or change must be reported at the accreditation. After the deadline, any violation of the above will be penalized with € **25.00** each rower / race in accordance with the Article 20 paragraph d) of the C.d.R.

After the accreditation, if no changes were communicated, all the previously made registrations will be automatically confirmed.

You can collect the race program and the boat numbers (paying a deposit of € 10.00), the pectoral numbers (deposit of € 5.00) and pay the registration fees on Saturday, February 13th 2010 from 09.30 am to 11.00 am.

REMEMBER TO BRING BACK TO THE SECRETARY THE RACE NUMBERS IMMEDIATELY AFTER THE RACE IN ORDER TO ALLOW THE ORGANIZATION TO PROCEED WITH THE ACCREDITATION OF THE "COPPA ITALIA DI FONDO" WHICH WILL TAKE PLACE ON SUNDAY FEBRUARY 14th.

AWARDS

The top three crews in each category will be awarded. The award ceremony will take place after all the races at the Rowing Club Esperia-Torino at 18.30.

BOATS

All boats must meet the requirements established by the Committee and must have the boat and pectoral numbers provided by the organization after the payment of a € 10.00 + € 5.00 deposit at the accreditation.

ASSISTANCE SERVICES

Assistance services and emergency health care provided for the event will be available 30 minutes before the start of the races and will end 30 minutes after the arrival of the last crew.

Società Canottieri Esperia - Torino