

REGULATION FOR TIME TRIAL RACES 2010

“D'INVERNO SUL PO” and COPPA ITALIA di FONDO

February 13th-14th 2010

This Regulation is part of the Notice approved by the F.I.C. on 01/19/2010.

DIRECTIONS: The Rowing Club Esperia-Torino is located in Corso Moncalieri 2.

All trucks and carts can park in the Ginzburg Gardens (Corso Moncalieri between the Amici del Fiume Rowing Club and the Esperia-Torino), or in Viale Virgilio in the area near the Cerea and Armida Rowing Clubs (only for the carts; all vehicles must be parked in a special area at the entrance of the Valentino Park), or by the other Rowing Clubs (Caprera, Eridano, Cus Torino, Sisport, Amici del Remo).

The Clubs that want to park their carts in Viale Virgilio **must mandatorily** communicate their license plates to the Organizational Committee (info@esperia-torino.it) by noon on Sunday, February 14th in order to avoid traffic fines. The Committee will not be held responsible in case of failed communication.

SECRETARY AND ACCREDITATION FOR THE RACES: At the Rowing Club Esperia-Torino (tel. +390118193013) on the first floor to the right of the main hall.

WEIGHING of COXWAINS: It will take place in the Gym of the Esperia-Torino (terrace floor, roof side).

Saturday, February 13th: not scheduled.

Sunday, February 14th: As an exception to the Code of Regattas, it will take place from 8:00 am to 9:00 am.

The coxswains must report at the weight station with the required identification document, wearing t-shirt and shorts or any other racing garment, but not in sweatshirts, sweaters, long-johns, jackets, k-ways, etc. The ballast must be returned by the coxswain at the end of his race to the person in charge at the dock in front of the jury at the Rowing Club Esperia-Torino.

IDENTIFICATION CHECK: It may be made at the Marshall stations for the pre-alignment at the docks or right after the arrival in front of the jury at the Rowing Club Esperia-Torino. The documents must be delivered by the Coxswain or the Head Rower. All crews must be equipped with the identification documents.

RACE NUMBERS: Attaching the number securely to the slot is recommended.

Some tools, tape and extra numbers will be provided in a motorboat at the starting area.
Boats without a race number will not be allowed to start.

In addition to the race number, each crew will receive a pectoral number, which must be worn by the coxswain or by the bowman in case of loss of the race number.

Changing of numbers will be reported by radio to the arrival station.

AT THE DOCKS: Entering and leaving the race course can only happen through the specified docks as shown on the map you'll find at the Secretary, at the docks and published on the websites www.canottaggio.org and www.canottaggiopiemonte.it. The use of the wharf is intended only for the race; it is prohibited any other use of it. The access will be authorized by the G.A. or by the C.O.L. delegate at the time announced at the end of the registration. It will depend on the race number and on the distance between the dock and the starting area.

At each dock a representative of the Committee and an officer appointed by the Rowing Club owning the dock will check that you comply with the instructions and will block the docks at the scheduled time provided at the end of the registrations.

STARTING AREA: All crews must be at the starting area 20 minutes before the beginning of the race.

Crews arriving late will be stopped by the G.A. at the following checkpoints:

Saturday, February 13th - 1st group at 11.30 am – Pedestrian Bridge

2nd group at 14.00 – Balbis Bridge

Sunday, February 14th - 1st group at 9.30 am – Pedestrian Bridge

2nd group at 12.00 am – Pedestrian Bridge

For security reasons, dashing, warming up or practicing trial starts in the alignment line area is strictly forbidden. If this rule is not respected a Penalty will be issued (see Penalties). At least 20 minutes before the start of the race, all crews must be in front of the pre-alignment Marshall and follow the checking and alignment instructions.

During the alignment, the track marked by two lines of buoys must be followed.

- odd numbers on the left side (near the Starter)
- even numbers near the middle of the river

At the start **boats must be still** and each will be called **every 20 seconds** with a pause of 2 minutes between each category. The time will be clocked 50 meters after at the line marked by 2 buoys with a red flag on top.

Crews withdrawing from the race course or falling into the water should report it to the arrival station through the rescuers or the Rowing Club where they land.

RACE COURSE:

Transit under the bridge arches: check the drawing given at registration.

DURING THE RACE, CREWS CANNOT PASS UNDER THE RIGHT ARCHES OF THE BRIDGES, WHICH ARE RESERVED TO THE BOATS GOING UP RIVER. VIOLATION OF THE ABOVE WILL CAUSE THE DISQUALIFICATION FROM THE RACE.

It is strictly prohibited to cross the race course during the whole regatta, unless authorized by the G.A. (motorboat number 9) placed at the curve in front of the Rowing Club Cerea.

PASSING AND OTHER SPECIAL CONDITIONS:

As specified in the Article 7 – Attachment G - of the Code for the Regattas. Specifically:

" If a crew is about to be passed in the vicinity of an obstacle (bridge arches marked 100 meters upstream from the orange or red buoys), the boat coming from behind must slow down and wait for the one in front to pass under the bridge".

BEYOND THE FINISHING LINE:

At the end of the race it is prohibited to approach the bridge south of the Esperia Rowing Club as well to stop right after the finishing line. All boats, following the instructions of the employees of the Committee, must immediately follow the upriver line (as shown on the map) to carefully backtrack keeping the right side of river.

PENALTIES:

When there are no serious measures prescribed by Code of the Regattas, the Jury will issue the following time penalties, **which are cumulative**, to be added to the final race time:

- Minor delay at boarding: 5"
- Minor breaches of traffic rules and of the use of the docks: 5"
- Delay at the call of the Marshall or the Starter: 10"
- Blocking when being passed: 20" or 40" according to gravity
- Mild collision: 60"

AWARDS:

The award ceremony will take place as instructed at the accreditation.

***For C.O.L.: The Responsible for the Security and Organization Secretary
Antonella Cordero***